## **CELEBRATING 35 YEARS TOGETHER**

BCVTA SPRING CONFERENCE APRIL 17-19TH Thompson Rivers University – KAMLOOPS, BC

# JOIN US FROM APRIL 17<sup>th</sup>-19<sup>th</sup>, 2015 TO CELEBRATE 35 YEARS OF THE FOUNDING OF OUR ASSOCATION.

To register online for the spring conference, visit:

http://bcvta.eventbrite.ca

Payment by cheque or credit card are accepted by the online registration. Early bird discount fee ends March 15<sup>th</sup>.

Pre-printed conference notes are available for purchase online at the time of registering. No printed notes will be sold at the conference.

**Hotel Accommodation** – Ramada Inn 555 Columbia St. Special Rates are available. Rate – Single \$95.00 Double \$105.00 plus taxes, this includes a hot breakfast. Guests should call our 1 800 663 2832 toll free number and ask for the BCVTA Conference Rate and quote Group# CG9654 available until March 15<sup>th</sup>.



### **Speakers**

Katherine Dobbs, RVT, CVPM, PHR Wellness
Career Advancement

Nancy Brock, D.V.M., A.C.V.A. Dealing with anesthetic complications Graciously Sponsored by McCarthy & Sons

Claudia Sinclair - 2013 BC SPCA Veterinarian of the Yr Building your Dental Business Graciously Sponsored by IDEXX Laboratories

Robert Tremblay DVM, Dipl ACVIM
Equine Metabolic Syndrome
The changing needs of aging and geriatric horses
Pituitary Pars Intermedia Dysfunction (PPID) or Equine Cushings
Graciously Sponsored by Boehringer Ingelheim

Ms. Heather Shannon, RVT Necropsy Wet Lab

Meet Your Fellow Tech Series - Work Life Balance

Please contact Christine Watson at ed@bcvta.com or 250-319-0027 if you have any questions or visit www.bcvta.com.

Schedule/Conference Fees Over



Friday, April 17th	Saturday, April 18th	Sunday, April 19th
7:00 – 8:30 am Registration with Complimentary Breakfast	7:30-8:15 All Levels Yoga sponsored by Boehringer Ingelheim	9:30 check in – coffee/tea and muffins served
8:30 Opening Remarks	8:00 - 9:00 am Registration with Complimentary Breakfast	10:00am-12:00pm Heather Shannon, RVT Necropsy Lab –TRU AHT building
8:40 - 10:15 Work Life Balance – Continuation of Meet Your Fellow Tech Series		
Short break	9:00 – 11:30 Dr. Claudia Richter	Second lab available if necessary
10:15-12:00 AGM	9:00-11:30 – Katherine Dobbs, RVT	
12:00-1:00 Lunch provided	11:30-12:30 Lunch provided	
1:00-3:30 Katherine Dobbs	12:30-3:30 – Dr. Robert Tremblay	
3:30 – 6:00 Trade Show Mountain Room	12:30-3:30 Dr. Nancy Brock	
1.00	1:45 stretch	
6:00- 9:00 AVP Sponsored Dinner- 35 years Together Celebration Dinner		

Fees	Early Bird (ends March 15th)	Standard (ends April 10th)
RVT 1 day	\$90	\$100
RVT 2 day	\$140	\$150
Student 1 day	\$55	\$65
Student 2 day	\$100	\$110
Non- RVT 1 day	\$100	\$110
Non-RVT 2 day	\$150	\$160
VOA 1 day	\$100	\$110
VOA 2 day	\$150	\$160
Veterinary 1 day	\$100	\$110
Veterinary 2 day	\$150	\$160
Sunday Wet Lab	\$45	\$50
Pre-ordered printed conference notes	\$10	\$10

# Speaker Bios and Topics Part I

#### Ms. Katherine Dobbs, RVT,CVPM, PHR.

Katherine began as a registered veterinary technician (RVT) in 1992. Since that time, she has become a Certified Veterinary Practice Manager (CVPM), and created interFace Veterinary HR Systems, LLC. She is also a Professional in Human Resources (PHR) and a Certified Compassion Fatigue Educator. Katherine has been published in various veterinary journals in the United States, UK, and Canada, and has published three books through AAHA Press.

#### Friday Topic: Wellness

Learn the definition of burnout, and how to recognize when the smoke turns into flames. Identify the aspects unique to caregiving that result in stress, and the issues in the workplace that cause us to feel burned out. Explore the Five Phases of Transition for a New Helper to understand where we came from, and where we're headed. We look at data collected regarding the stressors and satisfiers of working in veterinary medicine, and the symptoms of burnout. The Professional Quality of Life Scale will be discussed, which can measure burnout in an individual. We will take the Life Stress Test, to determine the cumulative effects of stressors beyond the walls of the workplace. The Eight Laws Governing Healthy Change will conclude burnout, and we transition to the topic of compassion fatigue. Learn the definition of compassion fatigue, and how it differs from burnout. Explore the causes and symptoms of compassion fatigue, and how compassion fatigue can expand beyond the individual to affect the entire organization. Learn how compassion fatigue is minimized and addressed from three perspectives: the individual, the colleague, and the practice. The session will conclude with the Eight Laws Governing a Healthy Workplace.

#### Saturday Topic: How to Discover, Explore, and End Up in the Job of your Dreams

Learn how to turn your job into a career. The first step is to determine your special interests, and begin building a portfolio to follow your dream. If you determine that you want a promotion or change in your current position within your current practice, there are steps to move you forward as you perform your current role. If a brand new start with a new job is desired, there is an interview process that needs special attention. The first impression begins with a well-written cover letter and completed employment application. The most important document will be your resume, which should not remain dormant even when you are happily employed. Once the door is open and the interview process begins, learn how to make the best impression from the phone interview through to the personal interview, and perhaps an observation period. If a move to management is something you are considering, it is important to explore why you are pulled to a promotion, and why the practice leadership may be asking you to step up. As with any move in your career, it is important to know facts and explore feelings to ensure you end up in the right spot.

**Work Life Balance** - **Continuation of the Meet Your Fellow Technologist Series** - Three Registered Veterinary Technologists discuss their personal stories on how they have carved out a niche for themselves and balanced their lives with wellness in mind.

#### Nancy Brock, DVM, ACVA

Originally from Montreal, Dr. Nancy Brock graduated from the Ontario Veterinary College at the University of Guelph in 1982. She completed a residency in anesthesia and critical care at the University of California, Davis in 1988. In 1995, she completed the specialty certification process and was awarded the status of Diplomate of the American College of Veterinary Anesthesia and Analgesia. The cornerstone of Dr Brock's practice is anesthesia safety. Based out of Vancouver BC, she helps Canadian veterinarians and their nursing staff deliver safe, effective anesthesia and pain control for their surgical patients through the use of telephone consultations, telemedicine support and hands-on teaching. When she is not engaged in anesthesia, Dr Brock enjoys downhill skiing, cycling, tending to her vegetable garden and playing in the kitchen. For more information about anesthesia safety visit Dr Brock's website at www.nancybrockvetservices.com

#### **Topic: Dealing with anesthesia complications**

In an attempt to avoid anesthesia problems, clinicians expend tremendous effort and time in selecting the right drug protocols. However, improper drug selection is seldom the root cause of anesthesia related mishaps and complications. This lecture will feature a discussion about how and why anesthesia delivery can become derailed and the steps we can take to prevent adverse events. In addition, the predictable and common anesthesia related problems of hypotension, abnormal breathing, irregular heart rhythms and stormy recovery will be explored in detail. Monitoring device limitations and vital sign interpretation will round out the discussion. Context is very important when discussing anesthesia protocols and problem solving. In order to provide context, real-life anesthesia cases will be presented and discussed.

#### Claudia Richter, DVM

Claudia graduated from the Veterinary College at the University of Munich, Germany, in 2004 and then headed to Saskatoon, Saskatchewan, where she worked for the Large Animal Clinic at the Western College of Veterinary Medicine. In 2007 she left the hills for Vancouver, earned her NAVL license and started practicing small-animal medicine at Burnaby Veterinary Hospital in 2008. Just 3 years later, Claudia and her partner Trent McClements purchased the hospital and have focused on making the practice more efficient while providing excellent patient and client care. She took the clinic from being a purely paper-based practice to a paper-light practice within two years. Burnaby Veterinary Hospital became AAHA certified in April of 2014. Claudia started taking a special interest in dentistry in 2011 and has grown that part in her practice substantially over the past four years. Her focus lies in client education and establishing high dental standards in a general practice.

#### **Topic: Building Your Dental Practice**

Dentistry is a growing field in veterinary medicine that has long been underestimated especially in private practice. Technicians play a vital role in educating clients as well as support staff in the importance of regular and proper dental care for dogs and cats. In this talk you will learn how to grow dentistry as part of a general practice and how to establish a high standard dental care amongst your team and clients.

#### Robert Tremblay DVM, DVSc, Dipl ACVIM

Robert is a Technical Services veterinarian with Boehringer Ingelheim (Canada) Ltd. He graduated from the Ontario Veterinary College in 1982 then practiced in New Brunswick. He was a faculty member in the large animal clinic of OVC until 1992. He is a specialist in internal medicine and has a special interest in diseases of horses and cattle. He is an author of several book chapters on large animal medicine and is author or co-author on numerous research publications.

**Equine Metabolic Syndrome (EMS)** - EMS is a common condition in horses and, especially, in ponies. One of the most common clinical presentations is laminitis but the condition is associated with a variety of metabolic changes in the animal. Successful management of horses with EMS requires that the owner understand the mechanisms of insulin dysfunction that are believed to be the metabolic basis of the disease. The pathophysiology of EMS and approaches to management will be presented.

The changing needs of aging and geriatric horses: Like other mammals, horses go through numerous physiological changes associated with aging even if they are otherwise healthy and athletic. Understanding these changes helps prolong their health lives and can help assure they maintain performance. The normal changes that occur as horses age will be discussed along with strategies to accommodate those changes.

**Pituitary Pars Intermedia Dysfunction (PPID) or Equine Cushings -** PPID is very common in horses over 15 years-of-age. It may be accompanied by other diseases such as laminitis and EMS. PPID cannot be cured but it can be managed to improve the horse's quality of life and to even return it to performance. The mechanism of PPID and the changes it causes will be discussed along with strategies to manage the disease.

#### Heather Shannon, RVT

Heather was raised on a small working ranch in Kelowna. Upon graduation from the Animal Health Technology program at Olds College in 1989, Heather worked in mixed animal practices as a RVT. While working in Kamloops Ms. Shannon married and raises beef cattle and sheep with her family in the area. In 2007, Heather joined the faculty at Thompson Rivers University where she teaches Anatomy, Veterinary Office Management, Large Animal Clinics, Animal Nursing and Field Work Experience. Heather has been asked to be an expert witness involving animal forensics, has a definite passion for large animal medicine and necropsy.

**Necropsy** - Love CSI and finding clues? Are you interested in being the person in your clinic who knows how to perform a necropsy and solve a mystery? Ever wondered how to collect synovial fluid or a skin scraping sample? Well here's your opportunity! Join Heather Shannon on Sunday to perform a necropsy on small animals, ruminants and avian. When you sign up for this lab you will receive a link to a video that must be watched before the lab, so that our wet lab runs smoothly and efficiently. Wet Lab will last 2 hours and is limited to 9 individuals. An additional session may be added if required.